**Project Design Phase**

**Solution Architecture**

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| Date | 12 March 2025 |
| Team ID | SWTID1741155058 |
| Project Name | FitfFlex: Your Personal Fitness Companion |
| Maximum Marks | 4 Marks |

**Team details**

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| **TEAM LEADER** | **EMAIL ID** |
| RIYAS.M | [rriyas1366@gmail.com](file:///C:\Users\PC\Downloads\riyas\fit\Phase%201\rriyas1366@gmail.com) |

|  |  |
| --- | --- |
| **TEAM MEMBERS** | **EMAIL ID** |
| JAYAKUMAR D | [Jai1632004@gmail.com](mailto:Jai1632004@gmail.com) |
| RAVINATH G | [ravinathgopu@gmail.com](mailto:ravinathgopu@gmail.com) |
| VIGNESH N | [2004vignesh2004@gmail.com](mailto:2004vignesh2004@gmail.com) |

**Solution Architecture:**

The solution architecture for the Fitness Web Application ensures a scalable, efficient, and user-friendly platform for discovering and accessing exercise routines based on body parts and equipment.

**Goals of the Solution Architecture:**

* Identify the Best Tech Solution: Utilize modern front-end frameworks and APIs to provide a seamless fitness discovery experience.
* Define Structure & Characteristics: Ensure modular, scalable, and maintainable software architecture for future enhancements.
* Outline Features & Development Phases: Clearly structure project milestones for effective development and deployment.
* Establish Specifications for Development & Delivery: Provide well-defined guidelines for the system's architecture, API integration, and data flow.

